Emma Pearson

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KALEIDOSCOPE DEVELOPMENT

PODCAST BRIEF

About Emma

Emma Pearson is a British organisational psychologist, leadership and transformation coach, author, and grief and mortality awareness practitioner based near Geneva. Her work explores what happens when the old life has ended and the new one has not yet taken shape — and how we might inhabit that threshold without forcing grief into resolution, resilience or a tidy story of growth.

That enquiry is rooted in both professional practice and profound personal loss. Within four years, Emma experienced the deaths of her close friend Don, her younger brother Edward, her husband Mike and her fifteen-year-old daughter Julia. More recently, her brother James and father John also died suddenly.

Emma works with leaders, teams and organisations navigating transition, loss and endings. She also accompanies individuals through grief, mortality and altered states, including psychedelic and microdosing preparation, accompaniment and integration. She has volunteered with an end-of-life hospice since 2016.

Conversation Territories

Threads Emma would love to follow with you - each one an invitation rather than a script.

Grief, Identity and Love

Grief without tidy endings
Living in a reality permanently altered by loss, without treating grief as something to resolve.

When loss dissolves identity
What happens when grief dismantles who we thought we were, and the future we thought we were living towards.

Can terrible loss enlarge a life without being "worth it"?
Speaking about transformation and aliveness without pretending tragedy happened for our development.

Love after partner death
Loving again without replacing, betraying or leaving behind the person who died.

Altered States and Thresholds

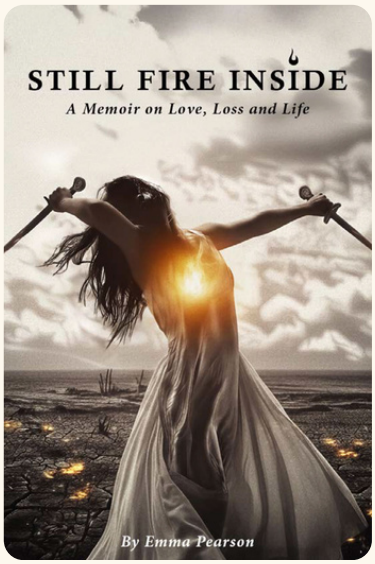
Grief as an altered state
What might we understand differently if profound grief belongs within our understanding of altered states?

Psychedelics, microdosing and the temptation to heal
What these practices may open beyond the urge to heal, improve or fix ourselves.

Learning to inhabit the threshold
How we live when the old life has ended and whatever comes next has not yet taken shape.

Mortality and Leadership

Living with death awareness
How mortality, endings and uncertainty change how we lead, love and live.



Still Fire Inside

A Memoir on Love, Loss and Life
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Foreword by Rosemerry Wahtola Trommer

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